

**kf]hof]dlkË-ck sfoqnd
@)%(
| | |**

æfoqnd lgb]zsfÆ



>l % sf]; /sf/
:jf:Yo dGqfno, :jf:Yo ;]f laefu
afn :jf:Yo dxzfvf, vf]k zfvf
6\$," sf7df08f}
@)%(
| | |

ljifo ; ʔl

l; g+	ljifo	kh g+
!	kfl]nof]/f]usf]lj Bdfg cj :yf	!
@	kfl]nof]p]d]hgsf]/0fgllt	@
#	dlkĒ-ck sfoqmd eg\$]s]xf]/ sxf+, #fng ug{kbf5 <	@
\$	dlkĒ-ck vfk sfoqmd / NID df leigt	#
%	dlkĒ-ck sfoqmd ; #fngsf]nflu cfjZos kg]cfwf/et s'fx?	\$
^	; kl/j]fssf]sfd tyf lhDd]f/l	&
&	; fdf]hs kl/rfng	!)
*	k f/ k f/	!!
(cfkl't {Joj :yf	!@
!)	of]hgf th]df, uf]i7 tyf t]fnd sfoqmd	!@
!!	dlkĒ-ck sfoqmd df vl6g]:j o+,] sn]ug{kgl]sfo{x?	!%
!@	cleny tyf kl]tj]bg	!&
!#	cg'; ʔlx?	!(

k|tfjgf tyf cklN

; #f/ af6}vfksf]dfllbdn]ef0/; af6 nflg]lakm/ /f]sf]p6dHg ul/ ; s\$]f]@
j if{e6bf a9l e}; s\$]f]5 . ; g\!(** b]v ljZj :j f:Yo ; 3n]ef0/; af6}nflg]kfllnof]
/f]sf]p6dHg ug{lnPsf]c7f6 klg ; km l; 4 xg nfu\$]f]5 . lgoldt vf]k sfo6md,
/fli60 vf]k lbj ; x? / 3/-3/df u)Pp6f aRrf klg g56g]u/L kfllnof\$]f]vf]k vj fpg]-
dk-ck_ sfo6f0{k6fj sf/L ?kdf ; #fng u/]df kfllnof\$]f]p6dHg x65 e6g]!; 4 e}; s\$]f]
5 .

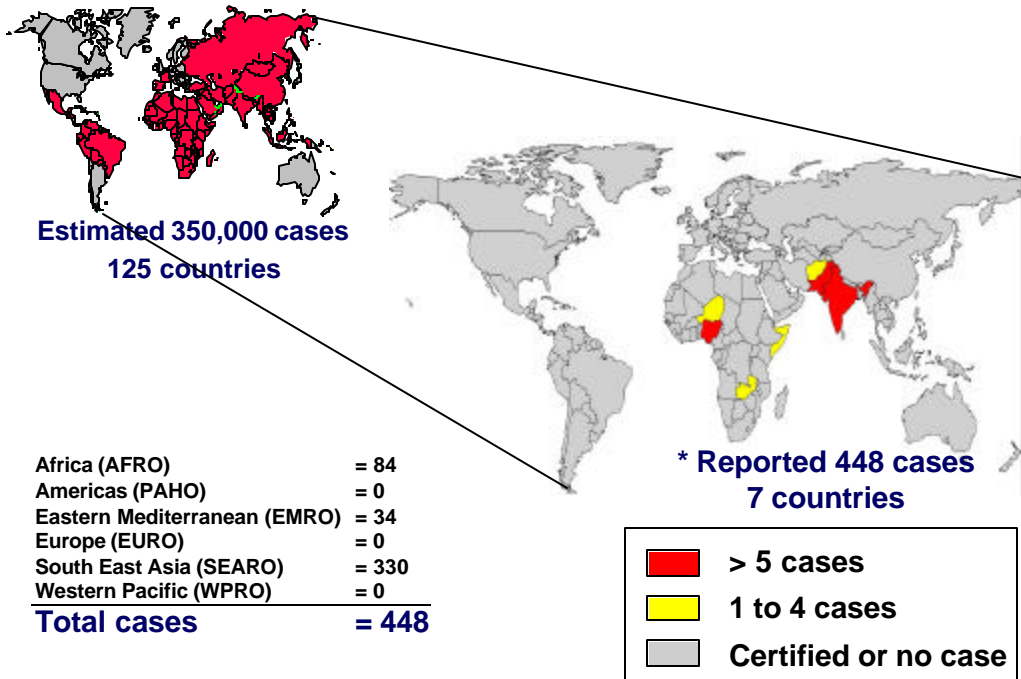
; g\!(((/ @))) df gkfndf t/f0\$]f lhNfx?df klg qmdzM@ / \$ kfllnof]
sZx? b]vf k/\$]f lyP t/ ; g\@))! / @))@ sf]cu:t dlxgfsf]c6To ; Dddf Pp6f sZ
klg b]vf k/sf]5g . xdf] ; ldfj tl{lf6 ef/tsf]pQ/ k6Z / ljxf/df xfn klg k| :t
kfllnof\$]f /f]ul b]vfk/\$]f 5g\ . o; sf/Of t/f0\$]f lf6 / a9l cfj t hfj t xg] lf6x?
hf]ld :yfgsf ?kdf /x\$]f 5g\ To; h]lgoldt vf]k sfo6md, /fli60 vf]k lbj ; x? / of
3/ 3/df u)Pp6f aRrf klg g56g]u/L vf]k lbg]-dk-ck_ sfo6mdsf]yfngl ul/Psf]5 .
Pp6f aRrf klg kfllnof]vf]k lngaf6 56df kfllnof]p6dHg xg]s/f zsf:kb xg hf65 .
; #f/sf ; a}dh\$]n]cf-cfkn]f]dh\$]af6 kfllnof]p6dHg u/]dfq ; #f/af6}o; sf]p6dHg
xg ; Sg]5 .

ctM o; j if{; #fng xg]dk-ck sfo6f klg ; #lg ; a}06f6bf/l\$]f ; fy cfkn]f]
lhDd]f/L k6f{?kdf kfgf u/L gkfna6 klg kfllnof\$]f]p6dHg ; se/ l56f]ug]xdf]
; fem k6f; nf0{; km kfg\$]f ; fy}/fli60 :j fledfgnf0{; d] a9fpg' xg]5 e6g]cfzf /
ljZjf; /fVb}xflb\$] cklN ub5'.

8f= nldl /fh kf7s
dxflgbZs
:j f:Yo ;]f laefu

ldlt: @)%(\%)%÷!!

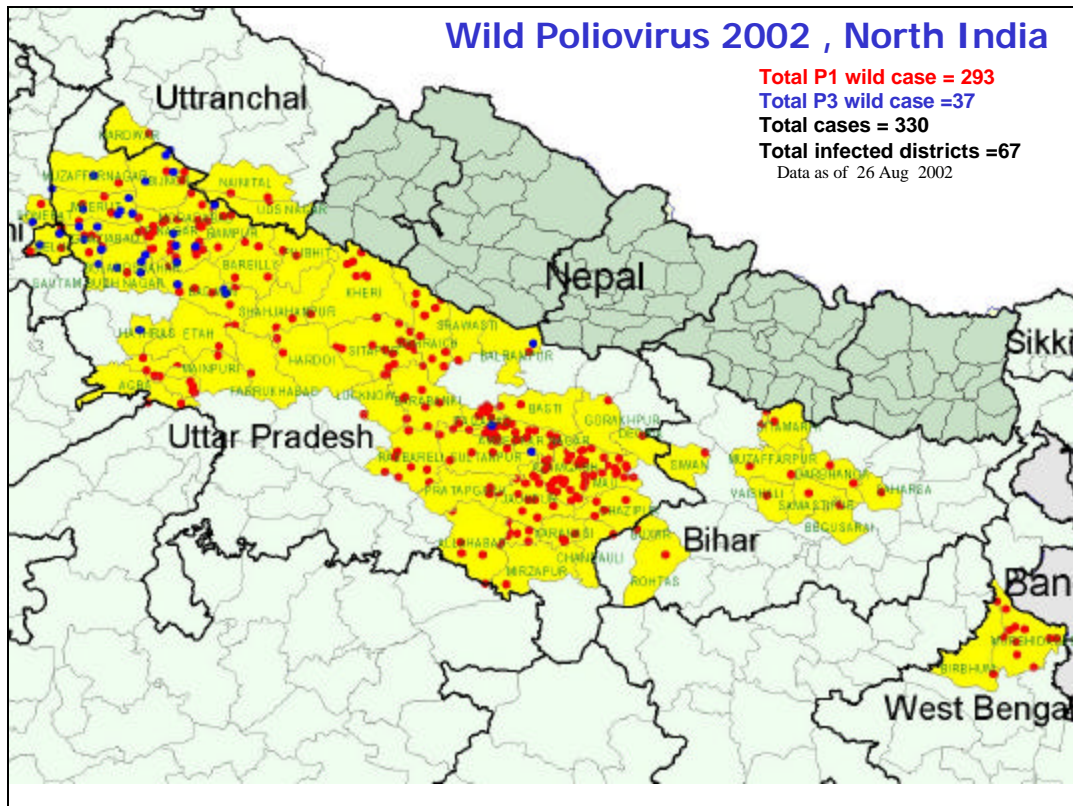
Global Polio Eradication Progress, 1988-2002*



Data as of 26-08-2002

Source: Vaccines & Biologicals, WHO-Geneva

Wild Poliovirus 2002, North India



kf]nof]vf]

- of]vf] kf]nof]/f] nfluaf6 arfpg c60t}k6fj sf/l 5 .
- ! aif{dlgsf lzzx?nf0{lgoldt vf] ; }faf6 # dfqf kf]nof]vf] lbg' k5{.
- k's kf]nof]vf] cleofgsf]k[o\$ r/0fdf % aif{ ; Ddsf ; a} afnaflnsx?nf0{kf]nof]vf] lbg' kb5 . o; e6f klxn]klg k6s k6s kf]nof] yf] vf0{ ; s\$ tyf slxn] klg gv]Psf afnaflnsf]nf0{kf]nof]/f]sf]; s\$0f xg ; Sg]hf]vdk0f{lfx?df ; #fng xg]dk-ck sfo6ddf kf]nof]yf] vf] v]fpg' kb5 .
- yk dfqfdf lb0g]kf]nof]vf]n]aRrfnf0{sb}klg gf]; fgl ub], kf]nof]p6ddngsf]nflu of]clt cfjZos 5 . o; n]kf]nof]/f] la?4 n8g]yk zIQm k6fg u5{.
- kf]nof] /f] p6dhg ug6f nflu % aif{ ; Ddsf ; Dk0f{ afnaflnsf]nf0{kf]nof]vf] lbg' k5{-sb}klg afnaflnsf]nf0{ 56fpg' x6g_ .
- kf]nof]vf] dvaf6 v]f065 / of]vf] @ yf]fsf]Ps dfqf x65 .

Polio cases in India

Polio is a viral disease that causes paralysis. It is caused by poliovirus. The disease is spread through contaminated water and food. In India, polio is a major public health problem. The Ministry of Health and Family Welfare, Government of India, has been working to eliminate polio from the country. The National Polio Eradication Campaign (NPEC) was launched in 1988. The campaign has been successful in reducing the number of polio cases in India. In 2000, India was declared polio-free. However, there were a few cases in 2001 and 2002. The Ministry of Health and Family Welfare, Government of India, is continuing to monitor the situation and take necessary steps to prevent the re-emergence of polio in India.

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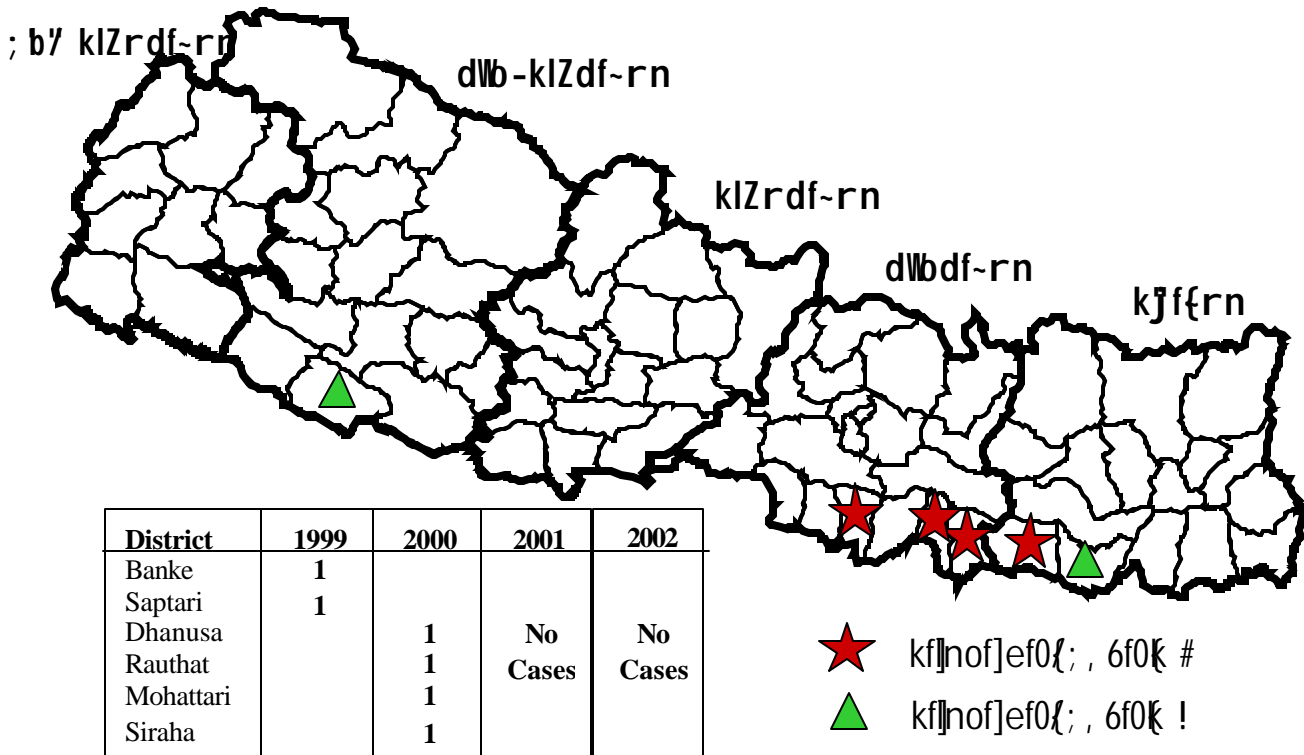
Polio cases in India by region

Region	AFR	AMR	EMR	EUR	SEA	WPR	Total
Wild Polio Cases	84	0	34	0	330	0	448

Polio cases in India by state/territory

Bihar	Delhi	Haryana	Maharashtra	UP	Gujrat	Uttaranchal	West Bengal	INDIA
14	4	2	3	287	4	4	12	330

Polio cases in India by district



kf]nof]pGdhgsf /0fglltx?:

- lgoldt vfk ;]faf6 ! aif{dlgsf afn-aflnsfx?nf0{# dfqf kf]nof]yfkf vj fpg].
- k/s kf]nof]vfk cleofgáf/f % aif{; Ddsf afnaflnsfx?nf0{yk dfqf kf]nof] yfkf vj fpg].
- Zfsf:kb kf]nof]sf gof ta/fdx?sf]vfhk8\fn÷lgu/fgl kfej sf/L tj /n]ug].
- kf]nof] ; qmd0fsf nflu hf]vdk0f{df]gPsf :yfgx?df % aif{Ddsf ;Dk0f{afnaflnsfnf0{dlkE-ck vfk sfoqmd ; #fng u/L @ k6s kf]nof]yfkf vj fpg].

dlkE-ck sfoqmd eg\$]s]xf]<

dlkE-ck sfoqmd eg\$]s] kf]nof] ; qmd0f xg ; Sg] hf]vdk0f{lhNnf / lhNnf cGtu{sf ufHj=; = tyf gu/kf]nsf x?df kf]nof]/f]usf]; qmd0fnf0{/f\$g k]o\$ 3/-3/df g}u0{% aif{dlgsf ; Dk0f{afn aflnsfx?nf0{\$ xktf blv ^ xktfsf]km/sdf @ r/0fdf yk kf]nof]yfkf vj fpg]sfoqmd xf].

x/\$ txd ; mlg JolQm?af6 pkoQm la:t] sfo{of]hgf tof/ u/L, k]o\$ txsf] sfo{lf]gsf]g\$; f, pkoQm tflnd, lgoldt cgludg tyf ; kl/j]f0f, ; bP ckl't{Joa:yf / Jofks ; fdf]hs kl/rfng u/L k]o\$ afnaflnsfnf0{kf]nof]yfkf vcfPsf]lg]Zrt ug{ kb5 .

dlkE-ck sfoqmd lsg ; #fng ug{kb5 <

lgoldt vfk sfoqmd / /fli60 vfk lbj ; x? ; #fng u/L ; s]k15 kf]nof]/f]usf gofHj/fdx? l; ldt lf]qdf s]b]t xg kl]b5g\ dlkE-ck sfoqmdsf]p2]o o; /L l; ldt lf]qdf s]b]t eP/ /x\$ kf]nof] ; s]p0f u/fpg ; Sg] >f]x?nf0{klg lgdh kfg{xf]. kf]nof]/f]usf gofHj/fdx?sf]; Wof 36] lglZrt lf]q?df l; ldt xg kl]sf]cj :yfdf kf]nof] ; s]p0f u/fpg ; Sg]afsl /x\$ lf]q?af6 klg kf]nof]/f]usf]; s]p0fnf0{lgdh kfg{ckgf0g]clGtd laifz /0flg]tsf]?kdf dlkE-ck sfoqmd ; #fng ul/65 .

dlkE-ck sfoqmd sxf+; #fng ul/65 <

dlkE-ck sfoqmd kf]nof]ef0{; sf]; qmd0f xg ; Sg] hf]vd k0f{lhNnf tyf lhNnf cGtu{sf ufHj=; = tyf gu/kf]nsf?df ; #fng ul/65 .

hf]vdk0f{lf] -High Risk Area) 5fG] cfwf/x?

- != laut # aif{leqdf kf]nof]s} k]hf k/}sf lhNfx?
- @= kf]nof}sf ladf/lx? -Polio Cases_ b]yf kl//x}sf lhNfx? ;# l; dfgf hf]8Psf lhNfx? .
- #= cfj t hfj t tyf a; f0-; /f0sf]a9L rfk ePsf lhNfx? tyf Polio Virus cfoft xg ; Sg]lhNfx?
- \$= lgoldt vf]ksf]k]utl sld xg]u/}sf lhNfx?
- %= jftfj/0flo ; /; kmf0{/fd]gePsf, a9L hg3gTj ePsf zx/L lf]sf :nd -Slum_ lf] tyf a9L hg3gTj ePsf zx/ pGdV lf]x? .
- ^= P=PkmkL= s}zx?sf] vf]hktfn (Surveillance System) ug] Joj :yf sdhf] /x}sf lhNfx? .

dfly p]n]vt cfwf/x? (Criteria) cg; f/ dlkE-ck vf]k sfoGnd ; #fng ug{5gf} ePsf lhNfx?#

- ! emkf @ df]E # ;kt/L \$ l; /xf % ;g; /L
- ^ af/f & wglff * lrtjg (k; f{ !) /f}x6
- !! dx]Q/L !@ ;nf}L !# slkna:t' !\$ gjnk/f;L !% ?kGb}L
- !^ af]E] !& alb}f !* bfE !(s}hfnl @) s~rgk/

dlkE-ck vf]k sfoGnd / /fli6} vf]k lbj ; df leGgtf

/fli6} vf]k lbj ; (NID)	dlkE-ck sfoGnd
!_ kf]nof]yf]kf v]fpg]sfd vf]k s]b / 3/ 3/df klg xG5 .	!_ 3/ 3/df g}u0{kf]nof]yf]kf v]f0G5 .
@_ vf]k s]b / aRrf ; Wofsf] cfwf/df of]hgf th}f ul/G5 .	@_ of]hgf th}f 3/-; Wofsf] cfwf/df ug{ kb5 .
#_ vf]k ; #fng xg] lbj /fli6} :t/df lgwf}of ul/Psf]xG5 / Ps}ldltdf xG5 .	#_ vf]k 6f]hln] ; d}g' kg] 3/-; Wof / lf]sf]cfwf/df sfo{lbj tfl}G5 .
\$_ afnaf]nsfnf0{vf]k s]b}df Nofpg' kg] ePsf]h] ; }rgf k}fxsf] nflu cfd ; #f/sf df]wdx?sf]k}f]u a9L cfj Zos kb5 .	\$_ dlkE-ck sfoGndsf]cfj Zostf aemfpgsf]nflu c}t/Jo]Om ; #f/ , ; fdf]hs kl/rfng / :yfglo ; #f/ df]wdx?sf]k}f]u a9L cfj Zos kb5 .
%_ ; kl/]f]of ; fdfGo xG5 .	%_ Jofks ; kl/]f]ofsf]cfj Zostf xG5 .

* dlkE-ck sfoGnd /fli6} vf]k lbj ; sf] ; \$f ge0{yk k/s vf]k sfoGnd xf].

dlkĒ-ck sfoǫnd ; #fngsf]nflu cfjZos kgIcfwf/e't s'fx?:

/fli60 vfk lbj ; / dlkĒ-ck sfoǫndsf]ofhgf th0f, kJ{tof/L / ; #fng kl]s0fdf km/s 5 . dlkĒ-ck sfoǫnd ; #fngsf]nflu ; a0 Aoj:yfksx?, ; kl/j]fsx? / kl/rfng xg]:jo+;]sx?nf0{ofhgf th0f, ; kl/j]f0f sfo{/ tflnd ; Da6wdf :ki6 hfgsf/L u/fpg' kb5 . o; sf]nflu lqDg s'fx?df lj z]f Wofg k'/fpg' kb5M

!_ :yfglo txdf (Bottom-up Planning) ofhgf th0f ubf{

:yfglo txdf ofhgf th0f ubf{cfjZos kgIvfk 6f]hl ; Wof, vfk 6f]hldf sfd ug[:jo+;]sx?sf]5gf0 / ; kl/j]fsx?sf]; Wof / pglx?sf]sfo{lf0 / eldsf lglZrt xg' kb5 . ; fy}cfjZos ; fdfullx?sf]cfjZostf -EoflS; g, cf0{ Kofs, EoflS; g Sofl/o/, rs, dfs{ kg 6]hl; 6 km/d cfbL_ lqwf0f u/L cfl't{Joj:yfss]ofhgf ug{kb5 .

@_ :jo+;]sx?sf]5gf0 tyf tflnd

/fli60 vfk lbj ; / dlkĒ-ck sf]/0fgllt km/s ePsf]xbf :jo+;]s x?sf]5gf0 / pglx?sf]tflnddf lj z]f Wofg k'ofpg' kb5 . :jo+;]sx?sf]5gf0 ubf{:yfglo j:t' l:ylt ; # kl/lrt, ; dbfon]l:jsf/ ugI/ sfd ug{0R5s JolQmx? af6 5gf0 ug{kgI x65 . :jo+;]s 5gf0 ubf{k]of5 vfk 6f]hldf :yfglo ; s0 dlxnf :j f:Yo :jo+; lj sf / Ps hgf n]y k9 ug{; Sg]/ sfd ug{pTkI/t JolQmf0{5gf0 ul/g' kb5 .

#_ ; kl/j]fsx?sf]kl/rfng

dlkĒ-ck sfoǫnddf ; kl/j]fsx?sf] c]o6t dxIjk0f{ eldsf xg] ePsf]h] ; kl/j]fsnf0{pkoQm tflndsf]cfjZostf kb5 . tflnddf plgx?sf]eldsf / lhDd]f/L :ki6 xg'h?/L 5 . pglx? cfk0f]lfqsf]sfo6f]nflu k0f?kdf pQ/bfol xg]5g\

dlkĒ-ck sfoǫnddf ; kl/j]fsx? kof]t kl/rfng xg' kb5 . lj le6g txdf ofhgf th0f ubf{; kl/j]fsn]; kl/j]f0f ug{kgI6f]hl ; Wof / sfo{f0 tfl]sPsf]xg' kb5 .

\$_ sfo{f]sf]gSzf tof/

dlkĒ-ck sfoǫnddf vl6g]6f]hl / x/]s ; kl/j]fsn]; d0g' kgI{sfo{f]sf]gSzf / sfo{f]nsf :ki6 xg'h?/L 5 .

sfo{f} l jefhg / 3/ ; Wof k|f|k0f ug{t/lst:

of|hgf thdf ubf{tk; ln cg; f/ of|hgf thdf ug{kb5 .

!= ut j if{s]dk-cksf]3/ ; Wofnf0{cfwf/ dfgl of|hgf thdf ug{kb5 .

@= gofFhNnfsf]xsf cgdflgt 3/ ; Wof lgdg cg; f/ k|f|k0f u/lg]5 . / dlkE-ck e0{ s|k|5 k|t tYofsnf0{cfwf/dfgl c6o r/0fsf]of|hgf ug{kg5 .

$$\text{cgdflgt } 3/ ; \text{ Wof} = \frac{\text{To; j 8f leqsf]sh hg; Wof}}{\%-\%}$$

#= x/\$ uf=j=; =sf]k|o\$ j 8fdf Pp6f vf|h 6f|h /xg]5 .

\$= vf|k 6f|hnsf] sfo{f} -3/ ; Wof_ lgwf{0f ubf{ a9ldf @ lbg df k0f?kdf sfo{ ; Dkfbg ug{; Sg]u/l 3/ ; Wof cyjf sfo{lf} lgwf{0f ug{kg]5 . ; fwf/0f tof x/\$ vf|k 6f|hln]; /b/ ! lbgdf !)) 3/sf b/n]sfo{cj lw tf]sg]Joj :yf ldnfpgk5{.

dlkE-ck sfo{mddf rflxg]hgziQmsf]5gf5:

dlkE-ck sfo{mddf 3/-3/df g} u0{ % aif{ dlgsf ; Dk0f{ afnaflnsfx?nf0{ kf|hof]vj fpg' kg|ePsf]xsf 3/-3/df u0{sfdf ug{p|k|/t / ; lfd JolQm? 5g]6 ug{ kb5 . dlkE-ck sfo{mddf dVo b0{txsf hgziQm cfj Zos kb5 .

! :j o+;] sM k|o\$ vf|k 6f|hldf b0hgf :j o+;] s /xg]5g\

@ ; kl/a]fsM 3/-3/df vl6g] vf|k 6f|hlsf] ; kl/j]f0f ug{x/\$ uf=j=; = df # hgf ; kl/a]fs /xg]5g\ g=kf= sf x/\$ j 8fx?df !-! ; kl/j]fs /xg]5g\ ; fy}lhNnf :t/af6 ; kl/j]f0f ug{k|o\$ @ b|v # uf=j=; = sf]lardf ! hgf / g=kf= tyf dxg g=kf= x?df k|o\$ # :yfglo ; kl/j]fssf]lardf ! hgf lhNnf :t/sf ; kl/a]fs /xg]5g\

lhNnf :t/df xg]of|hgf thdf uf]7ldf x/\$ txsf]k|o\$; k/ef0h/sf] sfo{f}, pglx?n]; k/lehg ug{kg]vf|k 6f|h / ; kl/j]f0f ug{kg]cj lw :ki6 tfs] of|hgf thdf ug{kg]5 .

sfo{lf]sf]gS; f agfpg}

- dlkĒ-ck sfo{md ; #fng ug{sf]nflu k]o\$:yfglo ; kl/a]fs tyf vf]k 6f]hl ; # cf^gf]sfo{lf]sf]gS; f xg' clgj fo{x65 .
- gSzf tof/ ubf{uf=a; =sf]k]o\$ j 8fsf]sg}klg a:tl / 3/ g56g]u/L b]gs sfo{ lf] laefhg ug{kb5 . vf]hf, gbl lsgf/df kfn 6ful+a; \$f tyf ; 8s 5p /x\$fa:tl / c:yfol a:tlx? /x\$fa:tl ; d] ; f]gS; dfd ; dfaZ ul/g' kb5 .
- x/\$; kl/a]fsnf0{lf] lgwf{of ubf{sg}blj wf g/xg]u/L :ki6 xg' kb5 .
- :yfglo ; kl/a]fsn]cf^gf]sfo{lf] leqsf]sg}klg 3/ g56g]u/L sfo{f]nf0{vf]k 6f]hlsf] ; Wofsf]cfwf/df lj efhg u/L cf^gf]dftxtsf k]o\$ vf]k 6f]hlnf0{sfo{lf] tf\$ \$f]gSzf tof/ u/L lbg' kg5 . h:df pOm vf]k 6f]hln]sfd ug{kg]lf] a:tl, 3/ ; Wof / vf]k 6f]hl kl/rfng xg]?6 ; d] tf]sPsf]xg' kb5 . ; fy}g=kf= tyf dxf gu/kflnsf?sf]xsdf j 8fnf0{Ps olg6sf]?kdf ln0{; f]sf]cfwf/df vf]k 6f]hl ; Wof / :yfglo ; kl/a]fs ; Wof cf]ng u/L ; f]sf]cfwf/df j 8fsf]gS; fnf0{k]t :yfglo ; kl/a]fs laefhg u/L sfo{lf] lglZrt ug{kb5 .
- sfo{lf]sf]gSzfdf l; dfgf lglZrt ubf{dl6b/, kh, vf]hf, ; 8s, lj Bfno, uf=lj=; =sf]j 8fsf]l; dfgf, ; fj h]gs lf]x? / ; a]a]abm; ; Sg]:yfglo ?kdf k]lnt l; dfgf to ul/g' kb5 .
- sfo{lf]sf]gSzfdf a:tlx? / 3/x? ePsf]lf] b]yf0{b]gs ; d6g' kg]lf] /yfsg ug{kb5 .

x/\$ vf]k 6f]hlnf0{cf^gf]sfo{lf]sf]l; dfgf /d/l yxf xg'kb5 . o; sf]nflu t]lndsl ; dodf :jo+;]sx?nf0{sfo{lf] 56of0{af6f,]kh, vf]hf, glb a:tl / sfo{ho cflb k]6 ePsf]gS; f tof/ ug{l; sfp' kb5 .

; kl/j]f0f tyf cgludg

dlkĒ-ck sfo{mdnf0{k]f]sf/l ?kdf ; #fng u/L k]o\$ afnaflnsf]k]l]nof] yf]k vf]P=gvfPsf]lglZrt ug{; kl/j]f0f tyf cgludgnf0{laleG :t/df of]h]gfa4 ?kdf ; kl/j]f0f ug]Joa:yf xg' lgtf6t h?/L 5 . ; kl/j]f0f sfo{k]f]sf/l xf] e6g]pb]on] :yfglo :t/df tyf lh]nf, lf] Pj +s]baf6 ; d] k]of ; kl/j]f0f ug]sfo{md agfpg' kb5 . ; Dk0f{sfo{mdx? k] {lgwf{/t sfo{of]hgf cg?k eP gePsf]; do ; dodf lh]nf :jf:Yo sfo{ho / ; DalGwt :jf:Yo ; #yf k6v tyf c6o ; k/ef0h/x?n]cgludg u/L tb6g?k cf]Zos Joa:yf ldnfpg' kb5 . lh]nfaf6 vl6g]; kl/j]fsx?sf]klg sfo{lf] lgwf{of ul/ cfc]kf]lf]df @ lbg cuf]8 kul cf]kf]dftxtsf :jf:Yo ; #yf / :yfglo ; kl/j]fs / ; # ;]sx?nf0{e6l sfo{mdsf]k0f{hfgsf/l lng' kb5 .

cgludg Joj:yf

dlkĒ-ck sfoġmd ; #fng ul/Psf hf]vdk0f{ lfgx?df kj {lgwf/Lt of]hgf tyf lgb]zsf cg'f/ sfo{eP gePsf] cgludg ug{sf] nflu x/\$ lhNndf cgludg 6f]hl /xg]5g . h; df ljZj :j f:Yo ; 3,olg; km tyf cġt/ /fli60=/fli60 u}x ; /sf/L ; #yfsf kl|t|glwx? tyf :j f:Yo ;]f ljefuaf6 tfl]sP cg'f/sf sd{f/lx? /xg]5g\ cgludg stf{x?n] ; kl/j]fssf] kl/rfng / vfk6f]hlsf] sfo{sf] cgludg u/L ; f] sf] kl|tj]hg ; Dalġwt lfg]lo :j f:Yo ;]f lgb]zgfno / :j f:Yo ;]f ljefu, afn :j f:Yo dxfzfvdf !=! kl|t k7fpg]5g\ o; /L k|kt kl|tj]hg clwog u/L olb sg}vfk 6f]hl jf ; kl/j]fsn] cfknhf0{tfl]sPsf] lfg]df k0f{?kdf sfd gu/\$f]kf0Pdf To:tf 7f0df kgM ; fxl JolQmx? kl/rfng u/L vfk sfoġmd ; #fng ug{kg]5 . ; f]sfo{sf]nflu yk eQf Aoj:yf u/Lg] 5g . olb sg}; kl/j]fsn]sfd gu/\$f]kf0Pdf plgx?nf0{lfg]lo :j f:Yo ;]f lgb]zgfno / ; Dalġwt lhNnfaf6 sf/jfxl u/Lg]5 .

:yfglo txd f ; kl/j]f0f sf]Joa:yf

- k|f=:j f-s]x}k|f] tyf ; j-x}k|f]sf :6fkm g; { c-x}j=, c-g=d=, u|=:j f-sf=, df-lz-sf=x? dWb] ; kl/j]fssf] ?kdf tflnd k|kt ePsf JolQmx? :yfglo txsf ; kl/a]fs xg]5g\
- ; fdfġotof g=kf=x?df % vfk 6f]hlsf]alrdf Ps ; kl/j]fs /xg]5gV x/\$ uf=lj=; =df # hgf ; kl/j]fsx? /xg]5g\

; kl/j]fsn]hfġg' kg]s'fx?

- tkf0{sf]lfg]df dlkĒ-ck vfk sfoġmd lsg ; #fng e0{/x\$]5 <
 - tkf0{sf] lhNndf jf l5d\$]l lhNnf?df kfl]nof\$] hlj f0fx? (Wild Polio Virus) x?sf]; qmd0f (Circulation) e0{/x\$]5 .
 - dlkĒ-ck sfoġmd nf0{pkoQm tl/sfn] ; #fng u/0f kfl]nof]hlj f0f'sf] ; s00fnf0{/f\$]l kfl]nof]pġdhg ug{; lsg5 .

; kl/j]fssf]sfd tyf lhDd]f/l

!= :jo+;]sx?nf0{hfgsf/L u/fpg]

- cf^gf]dftxtsf vfk 6f]hldf sfd ug[:jo+;]sx?nf0{pglx?n]ug{k}g]sfo{af/]hfgsf/L u/fpg].
- k|o\$:jo+;]snf0{Eof]S; g ef0n -le=le=Pd= df]lg6/sf]af/0f hfgsf/L lb0 To; sf]cj:yf af/0f klg yxf lbg'kb5 .

- 6]nl; 6 eg[tl/sf, 3/df ; s] u/fpg]tl/sf / sf]8 r] sfod /Vg EoflS; g nf0{ lr; f]f /Vg' kg]af/]f hfgsf/L u/fpg].
- vf]k 6f]hlnf0{vf]k sfo[sf]nflu cfj Zos kg[EoflS; g tyf c6o cfj Zos ; fdfu] sxf+/ s; /L k]t ug[E6g]af/]f hfgsf/L u/fpg].

@= ; kl/j]f0f sfo[mdsf]tof/L

- cfk]f]dftxtsf vf]k 6f]hlnf0{p]glx?sf]gSzf tof/ ug{; xof] ug{k]b5 .
- vf]k 6f]hlnf0{3/ 3/df u0{vf]k vj fpg p]k]t ug{k]b5 .
- ; kl/j]fsn]cf^gf]; Dk0f{sfo{lf] leq ; kl/j]f0f u/L /xg' kg[Epsf]}; f]f]nflu cfj Zos ; j f/L ; f]wgsf]Jo] :yf :yfglo t]xdf g]ldnfp]g' kb5 .
- cf^gf]sfo{lf]sf]af/]f k0f{?kdf kl/lrt xg' kb5 .
- ; Dal6wt : j f:Yo ; :yf ; # ; d6j o u/L cf^gf]sfo{lf]sf]gS; f tof/ ug{k]b5 . cf^gf]sfo{lf]sf]gSzfdf rf]k]l{l]n]f l; df]sg u/]f]xg' kb5 .
- cf^gf]dftxtdf sfd ug]; a}vf]k 6f]h]sf]sfo{lf] :k:6 ?kdf /y]f]g u/L lbg' kb5 .
- cf^gf]dftxtsf ; a}vf]k 6f]h] ; # ; Dks{u/L p]glx?nf0{tf]sPsf]sfo{lf] leq kg]j]:t, 3/x? / p]glx?n]k]o]s lbg sfd ug{k]g]lf] / ?6 lgwf]u/L lbg' kb5 .
- cfk]f]dftxtsf k]o]s vf]k 6f]h]n]e] ug{k]g]3/ ; wof olsg u/L p]glx?nf0{ pkn]w u/fpg].

#= dlkE-ck sfo{ug]lbgdf ; kl/j]f0f ug]

- k]o]s vf]k 6f]hlnf0{cfj Zos EoflS; g tyf c6o cfj Zos ; fdfu] ku]gku]sf]olsg u/L p]glx?n]l7s ; dodf sfo{; #fng u/]gu/]f]lg]Zrt ug{k]b5 .
- olb EoflS; g / c6o cfj Zos kg]; fdu]x? vf]k 6f]hlnf0{; dodf gku]f] ; Dal6wt : j f:Yo ; :yf ; # ; Dks{u/L Jo] :yf ldnfp]g' kb5 .
- k]o]s vf]k 6f]h]n]cfk]hf0{tf]s]f]sfo{lf]sf]af/]f / ; d6g' kg]3/ kl/j f/ af/]f :k:6 ?kdf aem]gaem]sf]lg]Zrt ug{k]b5 .
- k]o]s vf]k 6f]hlnf0{p]glx?sf] sfo{lf]sf] rf]k]l{l]f] ; ldf]g /fd/L yxf eP gePsf]lg]Zrt ug{k]b5 . sfo{lf] 56df]pbf sg]klg 3/ tyf j :tl g56g]u/L Ps cfk; df sg]blj wf gePsf]lg]Zrt ug{k]b5 .

vf]k 6f]h]n]3/-3/df u/]f]sfo[sf]c]jnf]g ug{k]g]s/fx?M

- p]glx?sf] sfo{lf] leq kg]; Dk0f{3/df ?6 cg' f/ u0{sfo{u/L/x]f 5g\ 5gg\

- 3/x?df ; \$] -k=ldlt_ lrgx lbg' ebf cuf8l pQm 3/df /x\$% j if{dlgsf ; kOf{afn aflnsfx?nf0{kl]nof]yfkf vj fPsf]5÷5},
- 6]nl; 6df ; lx t/lfn]cleny /fv}g/fv\$}
- EoflS; g Sofl/o/ af6 Ps k6sdf Ps dfq EoflS; g efPn lgsfn\$}/ lgsfn] kl5 EoflS; g Sofl/o/ sf]lasf{nuf0{/fd/l lasf{aGb u/\$f}gu/\$f}
- vfk vj fpg' ebf cuf8l EoflS; gsf]le=lePd x}u/\$f}gu/\$f}
- pglx? ; # cfj Zos dfqdf EoflS; g tyf cf0; kofs eP÷gePsf]
- pglx? ; # /x\$}EoflS; gsf]le=lePd # / \$ cj :ydf 5÷5} . le=lePd # / \$ sf]cj :ydf /x\$}EoflS; g efPnsf]; \$df csf{EoflS; g lbg' kb5 .
- ; kl/j]f0df hfef cfkm' # EoflS; g ln0{hfg' kg]5 / vfk 6f]lnf0{EoflS; g / cf0{ kofs cfj Zos kg]ePdf pknAw u/f0{lbg' kb5 . ; fy}3/x?df 58\$} hf# ubf{sg}aRrf kl]nof]yfkf gvj f0Psf]kf0Pdf cfkmh]vj fpg' kg5 / ; f] sf]cleny /fvL vfk 6f]lnf0{hfgsf/L u/f0{vfk6f]lSf]6]nl; 6df clenY /fvG' kb5 .
- vfk 6f]lx?n] pglx?sf]sfo{lf} leq kg]sg}klg afn aflnsfnf0{kl]nof]yfkf vfg af6 g5bpg\egfsf]nflu pQm lf} leq kg]ahf/, a; :6}g, leql efusf 3/÷a:tlx? :nd lf}sf a:tlx?, 06fe\$}, kfn 6f] a; \$f al:tx? sn sf/vfgf c:yf0{j l:tx?df klg u0{; kl/j]f0f ug{k}kb5 .
- 58\$}hf# u/lg' kg]s'fx?M
 - 3/-e} ug{5b\$}sg}3/x? 5g\sl <
 - vfk lbg 5b ePsf lf}x? -uf}, 6f]x?_ 5g sl <
 - k=ldlt ; \$] u/\$f 3/x?df % j if{dlgsf sg}afn aflnsfx? kl]nof]yfkf vfgaf6 5b\$} 5g\sl <
- kl]nof]yfkf vfg 5b ePsf -x ; \$] ePsf 3/x?_ ; kOf{3/x?df kgM vfk6f]l k7f0{vfk vj fPsf]; lglZrt ug{k}kb5 .
- vfk 6f]lx?n] cf^gf] sfo{lf} leqsf ; kOf{afn aflnsfx?nf0{kl]nof]yfkf vj f0; s]kl5 dfq cf^gf]sfd ; dfkt u/\$f]lgZrt ug{k}kb5 .
- olb sg}vfk 6f]ln] pglx?nf0{tf\$}sf] sfo{lf}df sfd gu/\$f] kf0Pdf cf^gf] dftxdf /x\$}csf]vfk 6f]lnf0{pglx?sf]sfo{lf}sf]; DkOf{3/ kl/j f/sf afn aflnsfx?nf0{kl]nof]yfkf vj f0 ; s]kl5 pQm sfo{lf}df sddf nufpg' kb5 .
- k]o\$ lbg vfk sfo{; dfkt ePk15 cfkm]dftxtsf vfk 6f]lx?; # 5nkm u/L To; lf}df ePsf ; DkOf{3/x?df 3/e} sfo{eP÷gePsf]/ kf# j if{dlgsf k]o\$ afnaflnsfn]kl]nof]yfkf vfP÷gvfPsf]cgludg u/L 5b ePdf To:tf 7fp}f kgM vfk lbg]Joa:yf ug{k}kb5 .

\$= k[tj]bg k7fpg]

- cf^gf]dftxtsf ; k0f{vfk 6fhlx?af6 kl|ta|bgx? ; sng u/L ; DalGwt :jf:Yo ; #ydf ; Sbf]rfBf]aemfpg]

; kl/j]fsn]ofb /fVg' kg[s/fx?

! = vfk 6fhlx?n] cf^gf] sfo{f0sf] k|o\$ 3/ 3/df hfg' kb\$. o; df /fli60 vfk lbj ; sf]h:tf]vfk s|bdf kf]nof]yfkf vj f0b0\

@ = tkf0{ cfknf] dftxtdf /x\$ vfk 6fhlx?sf] ; kl/j]fs xg' x05, To; n] cfknf] dftxtsf ; Dk0f{vfk 6fh| kl/rfng u/L ; Dk0f{afnaflnsfx?nf0{kf]nof]yfkf vj fpg] lhDd]f/L tkf0\$]xf].

= tkf0\$] sfo{f0 c0tu\$ sg}klg % jif{dlgsf afn aflnsf kf]nof]vfk -yfkf_ vfgaf6 5b0'xb0 . xtf/df sfd ; Sg'e0bf sfd ; kmntf k] \$ k/f ug{dxTj k0f{xf].

\$ = ; kl/j]fs n] dlkE-ck ; #fng xg]lbg e0bf k] {g}cf^gf]sfo{lf0sf] ; Dk0f{k|f ; # /fd] # kl/lrt xg' kb\$.

% = ; kl/j]fsn]cfkm'c0tu\$ kg] ; Dk0f{vfk 6fh|df sfd ug{:j o#] s ; # kl/lrt xg' kb\$.

^ = ; kl/j]fs ; # cfkm c0t/ut sfd ug{vfk 6fh|sf] ; kl/j]f0f ug{of]hgf xg' kb\$.

& = ; kl/j]fs ; # cf^gf]sfo{f0sf]g\$; f xg' kb\$. cf^gf]sfo{f0 c0t/ut kg] ; Dk0f{vfk 6fh|nf0{ ; ldf]g u/L -Pl/of 5b0df0{ lj efng u/L lbg' kb\$.

* = cf^gf]sfo{lf0 leqsf hgk|tlglw tyf ; dbfosf Jol0m? ; # ; dg]o u/L cfknf] sfo{lf0df /x\$; Dk0f{a:tl ; 3/ ; #of kQf nuf0{ ; Dk0f{3/x?df vfk 6fh| kl]g]u/L 6fh| kl/rfng Joj :yf ug{kb\$.

(= k|o\$ vfk 6fh|sf]nflu sfo{lf0sf] ; ldf]g u/L lf0 tf]s lbg' kb\$.

cf^gf]dftxtsf vfk 6fhlx?nf0{kl/rfng u/f0{cf^gf]sfo{lf0 leqsf}% aif{dlgsi ; Dk0f{afnaflnsfx?nf0{kf]nof]yfkf vj fpg]lhDd]f/L ; kl/a]fssf]xg\$.

; fdf]hs kl/rfng

dlkE-ck sfo0md nf0{k0f]sf/l ?kdf ; #fng u/L sg}klg afnaflnsfnf0{ g5b0{kf]nof yfkf vj fpg]Joj :yf ug{:yfglo :t/df hg; xefultsf]dxTj k0f{eldsf /xg]s/f lglafb 5 . t; y{:yfglo :t/df Jofks ; fdf]hs kl/rfngsf]nflu lgDg lnlt sfo{? u/l]5M

!_ lhNnf vfĳ ; dĳo ; ldtsf]aʔs tyf cledlvs/0f uf]7L

of]uf]7L lhNnf :jf:Yo sfof]hon]cfof]hgf ug{kg\$. o; uf]7Lsf]; do cj lw
#-\$ 306fsf]xg\$. o; df /f=vf]b=x?df ul7t lhNnf vfĳ ; dĳo ; ldtsf kbflwsf/Lx?
g}/xg\$. dlkĒ-ck sfoqmdsf]pbʔo, /0fgllt, sfoqmdx? af/]hfgsf/L u/f0{lhNnf
:t/af6 ; f]sfoqmdsf]nflu cfj Zos kg]; xof]u hĳfpg'o; uf]7Lsf]p2ʔo xf].

@_ uf=la=; =:t/lo vfĳ ; dĳo ; ldtsf]aʔs tyf cledlvs/0f uf]7L

of]uf]7Lsf]cj lw ! lbgf]xg\$. of]uf]7L :yfglo txsf]:jf:Yo ; :yf kf=:j f=s;
xk]f]÷; j-xk]f]n]cfof]hgf ug{5g\ of]uf]7Lsf]pbʔo lgDgcg' f/ xg\$M

s_ dlkĒ-ck sfoqmdsf]p2ʔo / ; #fng klqmf af/]hfgsf/L u/fpg].

v_ uf=la=; =:gu/kflnsf lf] leq /x\$; Dk0f{a:tlx?sf]klxrfg ug]laz]f u/L
afnaflnsx? 5ĳg ; Sg]; e]fj t lf]x?sf]klxrfg ug].

u_ :yfglo txdf k]f/-k] f/ u/L 3/ 3/df nut lng tyf kf]nof]vfĳ v]fpg cfpg]
6f]hlnf0{; xof]u hĳfpg].

3_ ; Daĳwlt uf=la=; =:gu/kflnsfdf sg}klg afnaflnsf? kf]nof]vfĳ vfgaf6 g5ĳg]
Joa:yf ug\$]nflu 5nkm u/L /0fgllt tof/ kfg].

a_ dlkĒ-ck sfoqmdf :yfglo lgsfosf kbflwsf/Lx?sf]; xof]u hĳfpg].

r_ vfĳ 6f]h 3/-3/df cfpg]lbgdf ; a}afnaflnsf?nf0{3/df g}/xg]/ kf]nof]yfĳ
v]fpg]Joa:yf ug{:yfglo hgkltlglw? tyf kbflwsf/Lx?sf]; xof]u hĳfpg].

5_ :yfglo :t/df kĕj sf/L ; #f/ df]ods]klxrfg u/L dlkĒ-ck sfoqmdsf]k]f/ k] f/
Joa:yf ug].

h_ dlkĒ-ck sfoqmdf al4hljl tyf ; dfh;]L, /fhg]ts bnx?sf]eldsf / :yfglo
hgkltlglw? - c]b]f, pk]b]f, j 8f c]b]f / j 8f ; b:ox?sf]eldsf af/]hfgsf/L
lb0{sfoqmdnf0{ztk]tzt ; km agfpg].

k]f/ k] f/

- dlkĒ-ck sfoqmdf vfĳ 6f]h? 3/-3/df u0{vfĳ sfo{; #fng u/Lg]xĳf k]f/
k] f/sf]nflu /]8of] g]k]n 6]nlehg h:tf cfd ; #f/sf df]od (Mass media) Sf]
eĳbf :yfglo txsf df]odx? a9l kĕj sf/L xg]ePsf]h]lhNnf :t/df of]hgf thĳf
ubf{:yfglo txsf]kĕj sf/L df]od / ; bʔx? 5gfĳ u/L k]f/ k] f/ Joa:yf ug{
kb\$.
- laz]f u/L cĳt/JolQm ; #f/ klqmf, df0]s^a, s6]fn / rf]sbf/ h:tf JolQm?af6
; ĳbʔ k]fx u/fpg]sfoqmd agfpg' kb\$.
- :yfglo Snax? ePdf kl/rfng ug{; lsĳ5 .
- k]f/ k] f/ sfoqmdf :yfglo efiff k]f]u ug{pkoQm xĳ5 .

- :yfglo hg kltlgw tyf ; fdfhs cu]fx?sf] ; xeflutf / ; xof]u ln0{3/ e} 6f]lnf0{kl/rfng ug{; xof]u h}fpg'kb5 .

cfkl't{Joa:yf

dlkE-ck sfoqmd ; #fng sf]nflu cfj Zos kg[EofIS; g tyf sf]8r} ; fdu] / c6o cfj Zos ; fdu] tyf tflnd lgb]zsf / laleG k\$ /sf k]f/fdx?sf]cfkl't{Joa:yf ldnfpgsf nflu lhNnf :t/df xg]of]hgf th}f uf]7Ldf k]o\$:j f:Yo ; #yfn]cfk]h}f0{ cfj Zos kg] ; fdu]x?sf] ; do tflnsf laa/0f cg' f/sf]of]hgf agfpg'kg]5 .

EofIS; g tyf sf]8r} ; fdu]sf]cfj Zostf lgwf{0f

EofIS; gsf]cfj Zostf lgwf{0f ubf{v} hfg]b/nf0{; d} Wofgdf /fVg'kb5 .

EofIS; g cfj Zostf Ö $\frac{\% \text{ aif}\{dlgsf \text{ aRrf ; Wof } x \text{ !=@) } x @}{@)} =$ b0{r/0fsf]nflu
cfj Zos kg]
EofIS; a ef0n ; Wof

k]o\$ vf]k 6f]hl ; u lgDg cg' f/ ; fdu] xg' kb5M

- ❖ cf^gf]sfo{l}f]sf]gS; f .
- ❖ 3/ 3/df u0{k]f]nof]yf]kf vj fP kl5 clen]y /fVg]6]nlz6 / k]6; n=86k} .
- ❖ nllft hg; Wofsf]cgkftdf cfj Zos EofIS; g ef0n ; Wof .
- ❖ Ps :yf0{j f c:yfol EofIS; g Sofl/P/ / ; f}L cg' f/ hd}f cf0; Kofsx? .
- ❖ 3/df k]f]nof]yf]kf vj fP kl5 aRrfsf]afofFxf]tsf]sf65L cf]f]df lr6x nufpg dfs{ k} j f lh=e= .
- ❖ 3/df ; s} sf]6sf nflu rs .

of]hgf th}f, uf]7L tyf tflnd sfoqmd

!_ lhNnf :t/lo sfo{of]hgf t yf cledlvs/0f uf]7L

dlkE-ck sfoqmd ; #fng u/L lhNnf?df lgDg cg' f/sf] ; xefultf /x\$]uf]7L cf]of]hgf u/Lg} . of]uf]7L cj lw ! lbg]sf]xg} . Ps ; dxdf \$) b]v %) hgf ; Dd /xg} . gof]hNnf]sf]xsdf of]cj lw @ lbg]sf]xg} .

uf]7Lsf]p2]o

- dlkE-ck sfoqmdsf]pb]o / ; #fng k\$]f]sf]hfgsf/L u/fpg' .
- k]o\$:j f:Yo ; #yfx?sf]cf-cf^gf]uf]a=; j f g=kf=sf]sfo{of]hgf tof/ ug} .

- k|f=:j f=s|÷:x|k|f|÷; j-x|k|f|tyf ; dbfo :t/df ; #fng ug{k|g|t|f|n|d|s|f nflu >f| - k|z|l|f|s_ JolQm tof/ ug|.
- dlkE-ck sfo{m|d|s|f|nflu ; k|/j]f|o|f sfo{f|o|f|h|g|f tof/ ug|.
- k|o|s uf=a=: = tyf g=kf=sf nflu cfj Zos kg|; k|/j]fs tyf :j o+;]s ; Wof, v|k 6|f|h|, Eof|S; g tyf cfj Zos ; dfulx? h:t|k|f=:j f=s|÷:x|k|f|÷; j-x|k|f| :t/sf sd{f/lx? sfo{m|d lgb|zsf, ; k|/j]fss|f|nflu dfu{bzg, :j o+;]ss|f|dfu{bzg, 6|n|z6, k|t|j |g k|f|fd, rs, dfs{ kg÷lh÷e=x?sf|cfj Zostf lgwf{Of ug|.
- lhNnf c|t|u|t ; #fng xg|]j le|g -h:t|k|f=:j f=s|÷:x|k|f|÷; j-x|k|f| :t/sf sd{f/lx? tyf c|o lgsfoaf6 5gf6 ePsf ; k|/a]fsx? / :j o+;]sx?sf|t|f|n|d|s|f|sfo{of|h|g|f tof/ ug|.
- lhNnf :t/df ; #fng xg|:j o+;]sx?sf|t|f|n|d ; #fngsf|nflu ; k|/j]fsx?nf0{ cf|/66} g ug|.
- x/|s txsf|sfo{of|h|g|f, lhDd]f/l / sfo{]j lw :ki6 kfg|.

; xefulx?

- lhNnf :j f:Yo sfo{nosf ; k/ef0h/x?
- k|f=:j f=s|÷:x|k|f|tyf pk-:j f:Yo rf\$| k|v|x?
- lhNnf|:yt :j f:Yo ; # ; Dal6wt u|x ; /sf/l ; #yfsf k|v÷k|t|glwx? .

>f| JolQm?MlhNnf :j f:Yo sfo{no k|v, hg:j f:Yo clws|, v|k ; k/ef0h/ u/l # hg| xg|g\; fy}|f|lo lgb|zgfno, tyf /|hgn ; e|no6; clk| / >f| JolQm/xg|g\

; xof|ul sd{f/lx?Mnyf zfvfsf -!, k|z|f; g -! / lkog -@ hg| .

gf6: b|]|r/Ofsf|dk-ck sfo{m|d s|t|s #) ut]; #fng ug|lg0f6 ePtf k|g s|t|s @& ut|xg|c|f|lgj|f{gsf|sf/Ofaf6 sfo{m|d ; #fng ug{|; Dej gx| cj:y|df lhNnf tyf lf|lo :j f:Yo lgb|zgfno|cg|f|y ePdf afn:j f:Yo dxzf|v|f ; # ; d6j o u/l b|;]|r/Ofsf|l|d|t x|k|m| xg ; Sg| .

@_ gu/k|f|n|s|f÷dx|f-gu/k|f|n|s|f :t/lo of|h|g|f th|f tyf cled|vs/Of uf|7|

gu/k|f|n|s|f÷dx|f-gu/k|f|n|s|f?df lhNnf :j f:Yo sfo{no d|t|x|t|s|f| sg} lgsfo gePsf|sf/Ofn|gu/k|f|n|s|f tyf dx|f-gu/k|f|n|s|f?df dk-ck s|f|sfo{m|d ; #fng ug{|f| nflu lhNnf :j f:Yo sfo{no c|k|m|]of|h|g|f th|f uf|7|s|f|cf|of|h|g|f ug{|kb5 . uf|7|s|f| c|j|lw Ps lbg|f|xg| . of|h|g|f th|f ug{|e6b| k| }lhNnf hg÷:j f:Yo sfo{non]; Dal6wt lf|lo :j f:Yo ;]f lgb|zgfno / :j f=:;]j= afn :j f:Yo dxzf|v|f; # ; d6j o u/l Toxfaf6 pRr :t/sf kb|f|ws|f/l j f plgx?n|t|f|s|f|sd{f/l ; dfj z u/fpg' kb5 .

>f| JolQmMlhNnf :j f:Yo k|v, hg:j f:Yo clws| / v|k ; k/ef0h/x?

; xefulx?M d0/, pk-d0/, of]hgf clws[, gu/kflnsfsf :jf:Yo clws[tyf :jf:Yo
; k/ef0h/x?, j8f cWb1fx? / gu/kflnsf tyf dx f gu/kflnsfx?df
cfjl:yt :jf:Yo ; # ; DalGwt :yfglo uX| ; /sf/L ; #yfsf k0V=k|t|glwx?

; xof]ul sd{f/lx?M n]yf kzf; g af6 @ hgf, lkog @ hgf

of]uf]7ldf \$) b]v %) hgf ; Ddsf]Ps ; dx xg5 / ; f]e6bf a9L ePdf b0{
; dxdf ; #fng u/lg]5 . o; uf]7lsf]dVo pb]o gu/kflnsf, dx f gu/kflnsf, :yfglo
uX| ; /sf/L ; #yf? / lhNnf :jf:Yo sfof]osf] ; d]j o sfod u/L gu/ kflnsf lf]sf]
nflu pkoQm of]hgf th0f ug{xf. ; fy}; f]cg; f/ sfof]j ogsf]nflu ; xof]u h6fpg'xf.

#. kf=:jf=s]b|x]kf] :t/lo tflnd

of]tflndsf]cj lw ! lbgf]xg5 / tflnd kf=:jf=s]b / x]kf]x?df ; #fng u/lg5
. o; sf]pb]o vfk 6fh]nf0{ ; kl/j]f0f ug]hgziQm tof/ ug{xf}. of]tflnd kZrft
; xefulx?n]o; lgb]zsfdf lb0Pcg; f/sf]; kl/j]fssf]sfd tyf lhDd]f/l af/]k0f{?kdf
hfgsf/L k|t u/L pglx? ; f]sfof]nflu ; lfd ePsf]xg'kb5 .

; xefulx?M kf=:jf=s] :jf=r] sf c=x] =c=g=dl= uf=:jf=sf= / pk-:jf=r] sf c]tu[
uf=:jf=sf= / df=z=sf=x? / c6o lgsfoaf6 ; kl/j]fssf]?kdf 5gf0 ePsf
; kl/j]fsx? . ; kl/j]fsx? 5gf0 ubf{ lhNnf :jf:Yo sfof]o k0V /
; DalGwt :jf:Yo ; #yf k0Vn]3/-3/df u0{ ; kl/j]f0f ug{ ; lfd / ; f]sfof]
ug{pTk|/t JolQm dfq 5gf0 ug{kg5 .

; xof]ul sd{f/lM kf=:jf=s]b]sf] ; #kf=:cyj f x]kf] sf]dlvof-! / lkog ! hgf .

k|Zl]fsx?M kf=:jf=s]b|x]kf]k0V dWb Ps / lhNnf :t/lo tflnddf ; xeful ePsf
lhNnf ; kl/j]fsx? dWb]Ps u/L hDdf @ hgf /xg]5g\ o; tflnddf
; kl/j]fs tyf ; xof]ulsf]?kdf lf]lo :jf:Yo ;]f lgb]zgfno, lf]lo tflnd
s]b]j f /]hgn ; e]noG; clkM /x?af6 vl6Psf] sd{f/lx? /xg5g\
kf=:jf=s]b|/ x]kf]c]tu[; Dk0f{ ; xefulx?nf0{! ; dxdf tflnd lb0g5 .

\$_. vfk 6fh]ldf ; xeful xg]:j o+;]sx?sf]tflnd

of]tflnd k]o\$ uf]a=; = :t/sf :jf:Yo ; #yfdf ; #fng ug{kb5 . gu/kflnsf
tyf dx f gu/kflnsf c]tu[vl6g] :j o+;]sx?sf] tflndsf] Joa:yf lhNnf :jf:Yo
sfof]on]ug{kg5 . #) b]v \$) hgf ; Ddsf]nflu ! ; dxdf /Vg]; f]e6bf a9L ePdf @
; dxdf ; #fng ug{ ; lsg]5 .

; xefulx?M ; DalGwt uf]j=; =g=kf= sf]nflu 5gf0 ePsf :j o+;]sx? .

k|Zl]fsx?M Ps hgf ; DalGwt :jf:Yo ; #yfsf]k0V / Ps hgf lhNnf ; kl/j]fs cyj f
x]kf] af6 vl6Psf]; kl/j]fs u/L hDdf b0{hgf .

; xof]ulx?M :yflgo ; k/ef0h/x? tyf lkog ! .

o; tflnd kZrft ; xeflux?n]lg0g cg; f/sf]sfo{ug{ ; lfd xg5gM

dlkĒ-ck sfo{mddf vl6g]:jo+;]sx?n]ug{kg[sfo{?

!= vfk 6fhldf sfd ug[:jo+;]sx?n]cfkmg]sfo{lfq leqsf]ufp=6fh=a:tl sf];fy}
; Dk0f{3/x?sf]; Wof yxf kf0{/Vg' kb5 .

@= dlkĒ-ck sfo{sf]nflu sfo{f]sf]gSzf tof/ ubf{:ki6 xg]u/L ; ldfsg ug{kb5 /
k]o\$ lbg sfo{ug]lfq / ?6 ; d] lgwf{0f u/L b]fpg' kb5 .

#= dlkĒ-ck sfo{mddf vfk s]b]; #fng gu/L vfk 6fh] 3/ 3/df g}u0{% jif{dlgsf
; Dk0f{afn aflnsfx?nf0{@ yf]kf kf]nof]v] fpg' kb5 .

\$= Pp6f klg afnafnsf g56g] u/L k]o\$ 3/ kl/jf/sf ; Dk0f{% jif{dlgsf afn
aflnsfx?nf0{kf]nof]yf]kf v] fpgsf]nflu k]o\$ 3/-3/df qmda4 ?kdf hfg' kb5 .

%= k]o\$ 3/3/df hfg' clgjfo{5 . ; lhnf]xf] \e6g]p2]o /fvL sg}Ps 7f0df a;L
3/3/af6 aRrfx?nf0{af]hfP/ v] fpg' sbfkl x6g / 3/df uPkI5 s]slt kl/jf/
a:b5gV pQm kl/jf/x?df % jif{dlgsf afn aflnsfx? stl 5g\ f]w k5 u/L ; lqmo
?kdf vfh ug{kb5 .

^= vfk 6fhln]sfd z? u/\$f]ufp=6fh al:tdf k0f{?kdf sfo{u/L ; skI5 dfq csf]
ufp=6fhdf hfg' kb5 / ; f]ufp=6fh al:tdf /x\$ sf]klg 3/ / sg}klg aRrf
g5I6Psf]lgIzrt eP kl5 dfq csf]ufp jf jI:t df hfg' kb5 .

&= aRrfx?nf0{vfk lbg' e6bf k] {EofIS; gsf]le=lePd= xg}kb5 .

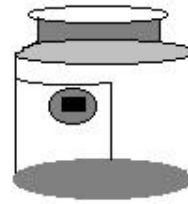
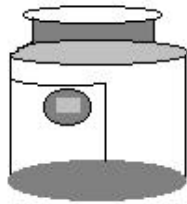
*= EofIS; gsf]tfkqmd a9]kl5 le=lePd= sf]j [leqsf]j u\$]f]/E kl/j t6 x65 . EofIS; g
efPnsf]le=lePdsf]/E aflx/L /E ; # ldNg]ePdf jf a9L snf]ePdf To:tf]EofIS; g
k0f]w ug{xb6 . o:tf]cj:yfdf EofIS; g k0f]w gu/L cf^gf] ; kl/j]fsnf0{I56f]
hfgsf/L u/f0{gof+EofIS; g dfu ug{kb5 . olb cfkm ; # /x\$]f] ; a}EofIS; gsf]
le=lePdsf]/E # / \$ sf]cj:yfdf 5 eg]gof+EofIS; g k]kt gx6h] ; Ddsf nflu
vfk sfo{a6b ug{kb5 .

(= kf]nof]EofIS; g efPnx? lr; f]cf0{ kofs ePsf]EofIS; g Sofl/o/df ; /Iift /Vg'
kb5 .

!)=Ps k6sdf Pp6f efPndfq EofIS; g Sofl/P/af6 lgsfn] vfl]g' kb5 / ; f] ; dfkt
geP ; Dd k0f]w ug{kb5 . vfl]nPsf]ef0{nf0{EofIS; g Sofl/P/ leq /Vg' x6g /
k]o\$ k6s kf]nof]yf]kf v] fpbf cfkm]lbg nfu\$]f]EofIS; g efPnsf]le=lePd xg}
kb5 .

!!=EofIS; g Sofl/P/ nf0{cgfjZos ?kdf k6s k6s vfl]g]sfd ug{xb6 . EofIS; g
efPn lgsfNg]ajhdfdfq EofIS; g Sofl/P/ vfl]g' kb5 .

!@=cf0{ kofsx? kl]n\$]f 5g\eg]gof#r; f]cf0{ kofs dfu ug{; k/ef0h/nf0{hfgsf/L
u/fpg' kb5 . le=lePdsf]/E # / \$ sf]cj:yfdf gku]; Dd EofIS; g k0f]w u/L vfk
sfo{hf/L /Vg' kb5 . cfkm]k0f]w u/L /x\$]f]EofIS; gsf]le=lePd ! / @ cj:yfdf
ePsf]le=lePd= x]l lgIzrt ug{kb5 .



!=

@=

#=

\$=

olb leqsf]j u{
 aflx/sf]j Q eGb
 r lDsnf]ePdf tyf
 ldl t gfg3sf]cj :yf
 ePdf EoflS; g kofu
 ug{xfhf

olb leqsf]j u{
 aflx/sf]j Q eGb
 s lX lknSsf ePdf
 tyf ldl t gfg3sf]
 cj :yf ePdf
 EoflS; g kofu ug{
 xfjh

olb j u{/ j Q Pp6}
 h: tf]b]vPdf
 EoflS; g kofu gug{
 xfjh . t?Gt cfknf]
 ; kl/j]fsnf0{vj /
 ug{xfhf .

olb j u{] QeGb
 uf9f ePdf EoflS; g
 kofu gug{xfhf .
 t?Gt cfknf]
 ; kl/j]fsnf0{vj /
 ug{xfhf .

!#=x/3/ e3 u/L ; s k l 5 6 l n l ; 6 d f / x s f] 3 / e 3 s f] d x n d f P p 6 f l 6 s (✓) l r G x n u f p g ' k b 5 .

!\$=k l o s a R r f n f 0 { v f k l b 0 { ; s k l 5 6 l n l ; 6 s f] a R r f n f 0 { k f l n o f] y f k f v j f P s f] c l e n y / f v g] d x n d f P p 6 f l 6 s (✓) l r G x n u f p g ' k b 5 .

!%=k f l n o f] v f k l b 0 { ; s k l 5 a R r f s f] a f e f x f t s f] s f 5 l c f m f s f] g E / 5 f n f s f] l a r d f d f s { j f l h = e = n] l r G x n u f p g ' k b 5 .

!^= 3 / e 3 e } s 3 f] 3 / x ? d f r s n] t n b y f P c g ' f / s f] ; s 3 u g { k b 5 .

3/ ; s3 gd3f

<u>X</u> ldltM	3/ e3df hfbf 3/sf]9f3f agb ePsf] To; 3/sf]sg}aRrf 3/df ge0{ kfl]nof] vfg 563f] To; 3/sf % j if{dlgsf; Dk0f{aRrfx? dWb3f6 sg} Pp6f klg aRrf 563f cyjf To; 3/sf kl/j f/n]aRrfnf0{kfl]nof]yfkf vj fpg gdfg3f]3/df X ; s3 agfpg].
<u>k</u> ldltM	To; 3/sf % j if{dlgsf ; Dk0f{afn aflnsfx?nf0{kfl]nof]yfkf vj fPsf]/sg}klg aRrf g563f]cyjf % j if{dlgsf]sg}klg aRrf To; 3/df gePsf]3/df k ; s3 agfpg].
ldlt nVg]7f3df pQm 3/df dk ck vfk sfoGmd ; #fng u/3f]ldlt nVg' kb5 .	

vfk 6f]hldf ; #Ug :jod ;]sx?n]3/ e3 ul/ cf cfknf]sfo{l f] s f] ; Dk0f afnaflnsfx?nf0{kfl]nof]yfkf vj fP jkt klt lbg klt :jod;]sn]? !)).- sf b/n a9ldf b0{lbgsf]kfl/>lds kfg]5g\lbgsf]lgwf{0f :jo+]sn]3/e3 u/3f]; Wofst cfwf/df ul/g3_ .

tn lbPsf cj:yf cf0k/df s]ugI<

cj:yf	ug{kg]sfo{
!= EofIS; g / cG0 ; fd]lu ; dodf k]kt gePdf	t/6t ; kl/j]fsnf0{ va/ u/L jf cfkm} e]l cfk]t\$]nflu cg/f]w ug{xf] \
@= cf0{ Kofs k]n]df	:yfglo txd f a/km kf0]df Joj :yf ug{kb5 / ; kl/j]fsnf0{va/ u/L hd\$]cf0{ Kofs I56f] Nofpg cg/f]w ug] EofIS; g efPnsf]le=le=Pdsf] /E ! / @ sf]cj:yfdf /x]; Dd vf]k lbg] sfo{ hf/L /fVg' kb5 .
#= EofIS; g ;]sPdf	; kl/j]fs jf ; DalGwt :jf:Yo ; :yfdf va/ ug{f] \ glhsdf /x\$]vf]k 6f]h]af6 EofIS; g ; fk6ln0{vf]k sfo{rn]fpgxf] \
\$= 6]nl; 6x? ; df]kt ePdf	3/ e] ePsf 3/ ; Wof / kf]n]of]yf]kf lbPsf aRrfx?sf]; Wof csf]sg];]f]sfuhdf clen]y /fVg' kb5 .
% = rs k]kt gePdf jf ;]sPdf	glhssf]:yfglo lj Bfnx? ; # ; fk6 lnP/ sfd rn]fpg' xf] \,rs gePdf kl]g vf]k sfo{agb ug{ xGb} .
^= cdf afa' tyf cleef]sn] aRrfnf0{ kf]n]of] yf]kf v]fpg gdfg]df	kf]n]of] yf]kf vfg lbg gdfg\$]sf] sf/Of ; f]g; \ plgx?nf0{ ; Demf0{ aen]f0{ kf]n]of] vf]ksf] dx]j atfpg' xf] \ / gdfg]df cfk]n]f] ; kl/j]fsnf0{ hf]gsf/L u/fpg' xf] \

clen]y tyf k]ta]g

kf]n]of] /f]u pGdhgsf] ; Gbedf ; #fng u/LPsf dlkE-ck sfo]mdx?sf] k]ult cyf] kf]n]of]yf]kf vf]Psf aRrf]clen]y gu/kf]nsf tyf uf]a=; =cg'; f/ /fVg'cf]Zos 5 . t; y{o; dlkE-ck sfo]md cleofgsf]cj; /df kf]n]of]v]f]Psf aRrfx?sf]clen]y :yfglo :t/sf]k]o\$:jf:Yo ; :yfdf -PHC/HP/SHP_ uf]a=; = sf]j 8f cg'; f/sf]clen]y /fVg' kg5 . ; fy}gu/kf]nsf]x]sdf pk/f]m cg'; /sf]laa/Of j 8f cg'; f/ lhNnf :jf:Yo sfof]n]o]/fVg' kg5 .

k]o\$ vf]k 6f]h]af6 k]kt 6]fln lz6sf] cfwf/df k]o\$:jf:Yo ; :yfn] j 8f cg'; f/sf]k]ult laa/Of tof/ u/L lhNnf :jf:Yo sfof]nodf k7fpg' kg5 / lhNnf :jf:Yo sfof]n]o]g=kf=uf]a=; =cg'; f/sf]k]ult agf0{afn :jf:Yo dx]z]vf tyf l]o]lo :jf:Yo ;]f lgb]z]gnodf Ps=Ps k]t I56f]; fwg Jbf/f k7fpg' kg5 . laleGg txd f k]o]u xg] kf]fdx?sf]gd]f cg'; 'L df lb0Psf]5 .

Wbfg lbg' kg[s/fx?

- lhNnf :t/lo ofhgf th0f ufj7ldf lautsf /fli60 vfk lbg ; x?df sd kplt xg] u/3f / dlkE-ck sfoqmdf 5bg ; Sg] ; Defjgf ePsf a:tlx?sf] klxrfg u/L lautsf sld sdhf7lnf0{ ; wf/ ug{ckgf0g' kg[k\$0f af/]lgwf]u/L ofhgf th0f ug{ kb5 .
- ; kl/a]fsn]cfknof]dftxtsf vfk 6fhlx? ; u ; dgj o u/L pglx?sf]sfo{lfqsf]gS ; f tof/ u/L vfk 6fhlnf0{pknJw u/fpg' kb5 .
- dlkE-ck sfoqmd ; #fng xg] lbg] hfgsf/L u/f0{ ; f] lbg ; a} % aif{ dlgsf aRrfx?nf0{ kf]nof] yfkf vj fpgsf] nflu ; f] lbg cfknof] 3/df /xg] Joa:yf ug{ :yfglo lgsfosf] ; xofu lng' kb5 .
- ofhgf th0f ufj7ldf laleGg :t/ -:yfglo tyf lhNnf :t/_ sf]:ki6 ; kl/j]f0f ofhgf agf0{k]o\$; kl/a]snf0{sfo{lfq tf]s lh0d]f/L tf]s lbg' kb5 .
- vfk 6fhlnf0{cfj Zos kg[Eof]S ; g tyf cGo ; fdfu]x?sf] ; dodf g}cfkl't{Joa:yf ldnfpg'k]o\$ txsf :j f:Yo ; wyf k0]vsf]lh0d]f/L xg\$.
- sfoqmd ; #fng xg eGbf k] {tof/L tyf sfoqmd ; #fng ePsf] ; dodf ; d] k]olf ; kl/j]f0f tyf cgludg u/L cfj Zos Joa:yf ldnfpg' kb5 .

cg; rL !

kf]nof]vf]k, dlkE ck sfoqnd @)%(-vf]k 6fhldf vl6g]:j o+;] sn]eg{kg[6]hl; 6_

ldltM@)%==:==:==

r/OfMkyd÷bf}f] :j o+;] sssf]gfdM!_ @_
lhNnfM uf-lj =; =g-kf-M j 8f g-M 6fhM 6]nl; 6 g+
gf]M!_ k]o\$ lbg 5\$}6]nlz6 kpf] ug{kbf . Ps lbgdf Ps 6]nl; 6n]gkudf csf]kpf] ug{kbf / cfkth]kpf] u/\$f 6]nl; 6x?sf]
lz6 g+n]b}hfg'kb\$.

@_ x/\$ aRrfnf0{kf]nof]yf]kf vj fPkI5 kf]nof]yf]kf vj fPsf]dxndf Pp6f æ Ö Æ -l6sdfs{ nufpg].

#_ x/\$ 3/df 3/e6 u/l ; s]kI5 3/e6sf]dxndf Pp6f æ Ö Æ -l6sdfs{ nufpg].

% j if{-)-%(dlxgf_ dlgsf kf]nof]yf]kf vfPsf afnaflnsfx?sf]; Wof

hDdf

3/e6 u/\$f]; Wof

hDdf

cfh 3/e6 ubf{sg}x ; \$] lrgx ePsf 3/x? 5g\5gg\ olb 5g\eg]; WofM

hDdf EofIS; g k]kt ef0h ; WofM EofIS; g vr{ef0h ; Wof

kpf] gul/Psf afsl ef0h ; WofM :j o+;] sx?sf]gfd / ; xl ! @

lhNnf ; kl/j]fssf]; xl :yflgo ; kl/j]fssf]; xl

kf]nof]df]kE-ck sfoqnd lgb]zsf !()

kf]nof]df]kE-ck sfo]nd lgb]zsf

@

kf]nof]dk-ck sfoqnd

lhNnf :jf:Yo sfofno ==

lhNnf :t/lo vfk ; dGjo ; ldt cf]oG6zg -Ps lbg]

l;-g:	ldt	sfoqnd	; xefulx?	uf]7l ; #fng xg]:yfg	k zifs	s]knot

 kf]nof]dk-ck sfoqnd
 lhNnf :jf:Yo sfofno ==
 gu/kflnsf :t/lo cf]o66zg
 == gu/kflnsf

l; -g:	ldlt	sfoqnd	; xefulx?	uf]7l ; #fng xg]:yfg	k zifs	s]knot

**dlk^a ck sfoqnd @)%(
lhNnf :t/lo ; kl/j]f0f r3lni6**

- v08 -s_ dlkE ck cf\PG6] g sfoqnd xg' cl3sf tof/l
- v08 -v_ dlkE ck cf\PG6] g sfoqnd xbf
- v08 -u_ dlkE sfoqnd ; ~rfng e}x3f]cj:yfdf

lhNnfsf]gfd: ; kl/j]fssf]gfdM
; kl/j]f0f ldlM

v08 -s_ dlkE ck cf\PG6] g sfoqnd xg' cl3sf tof/l sf] ; kl/j]f0f M

!:=; xeful :j f:Yo ; yf kdVx?nf0{cf\PG6}zg j f/] hfgsf/L lbPsf]5 - _ , 5g - _

@:=; xefulx?nf0{lgDgfg; f/ cfj Zos sfuhft -tYofs_ Nofpg lgb}zg lbPsf]5 - _
5g - _

-sfo{lf]sf]gS; f -3/ ; Vof -j 8f cg; f/_
-lj utdf ePsf]sfo\$psf]kult -% j if{dlgsf j Rrfsf]; Vof -j 8f cg; f/_
-lj utdf sfo\$d ; #fng ef]uPsf ; d:of ,sl7gf0{ ; emfj / k[7kf]f0f -feed back)

#= sfoqndsf]lgldQ cfj Zos tn pNn]vt ; fdfu|k{k}t eof]- _ ePg - _ olb ePsf]5
eg]; Vof pNn]y ug[.

sfo\$d ; #fng lgb}zsf == lh= el== kmf/d cg; lr ! ==
kmf/d cg; lr @ == P-Pkm=k-vf]h k8\fn sf8{==
rs kofs}== P-Pkm=k-vf]h k8\fn kmf{==
sf]8r} ; fdfu|=====

\$ = j h]sf]gd{k{k}t ePsf]5 5g

%= lhNnf .gu/ kflnsf . :tl/o cf\PG6zg ldlit lglZrt ul/Psf]eP ldlit=====

^= sf\8r; ; fdfu|kof(t 5 5; olb 5; eg]sg ; fdfu|<
To; sf]lj sNk ; f]rPsf]5 5; olb 5 eg]s]<=====

& = lhNfn]sg}; #f/ ; fdfu|pTkfbg u/\$f]5 5; ,olb 5 eg]s]s]/ slt <
kDkDn; ===== kf]6/ ===== lnkm; ===== cGo =====

*= cfjZs vf; ef0n kl/0ffd lhNfnf0{yxf 5 < 5 eg]slt / slt 8f]hsf] =====

v08 -v_ cf\PG6zg .of]hgf th; uf]7]lsf]; do kpfu ugIM

!_ lhNnf :tl/o cf\o66zg ldlit M ===== lhNnf M =====
:yfg M ===== uf=j; =====

l; =g; lhNnf ; k/efh/sf]; Wof	cGo :jf:Yo sld; Wof	Kf]z]fsx?

@_ lhNnf tyf uf=j; :tl/o cf\o66zg uf]7]

l; =g; lhNnf; dgj o ; ; xeflu ; Wof	Uff=j; ; dgj o ; xeflu ; Wof	:jf:Yo sld ; Wof	:j o;] s ; xeflu ; Wof	:j o;] s cGo	Kf]z]fsx?

#_ cf\PG6zg lgb]zsf cgzf/ eof] ePg
-\$_ :jf:Yo ; yf kdV . :j o;] ssf]cf\PG6zgd f j h; j f/]5nkm eof] ePg
-%_ EofS; lg lj t/0f ?6 j f/]of]hgf / 5nkm eof] ePg
-^_ hf]vdk0f{lf; af/]5nkm e}To; sf]lgldQ of]hgf j Gof] j gg;
j g\$]5 eg]To:tf :yfgsf]gfd / gfsfx? pNny ugIM

=====

-&_ vf]k 6f]n of]hgf eof]. ePg . ePsf]eP s]b\$]f]; Wof kof]t eof].ePg .
kof]t geP lj sNk s]ul/of]< =====

-*_ lj utsf sld sdhf] / / ; dfwfgsf pkfoj f/]5nkmm eof]. ePg

-(_ vf]k6f]n]ug{k]g]sfo{/ ; kl/j]fssf] lhDd] fl/ j f/]5nkmm eof].ePg .
bD{r/0fsf]nflu EofS; lg ef0h]sf]cfj Zostf lgwf{0f u/\$]f]5 - _ 5g - _ 5 eg]
ef0h ; Wof=====.

- lhNnfsf]cgdflgt 3/ ; Wof== / % j if{dlgsf j Rrfx?sf]
; Wof=====

v68 -u_
kf]nof]dlkE-ck sfoqnd

; kl/j]f0f r}ini6

-k]o} 6f]nsf]nflu 5}r} ini6 kof]u ug}f]hf_

dk-ck r/0fM × kyd × bf}f]

; kl/j]f0f ul/Psf]lhNnf _____

uf-lj =; =g-kf= _____ j 8f g# _____ 6f]h _____

; kl/j]f0f ePsf]ldlt _____ ; do_____

; kl/j]f0f ug}kg]vf]k6f]hl ; Wof _____

!_ vf]k 6f]nnf0{e}l eg}kg]lj j /0f

vf]k 6f]ndf sfo{t :j o+;] ssf]gfd !_ _____

@_ _____

☞ vf]k6f]hl ; u sfo{f]sf]gSzf]M 5 × 5} ×

☞ vf]k 6f]nn]lgwf]/t ; dodf 3/e} z? u/}f]M 5 × 5} ×

☞ 3/df -k÷ldlt_ ; s] u/fpg' e}bf cuf8L % j if{dgl}sf ; a}afnaf]nsf nf0{kf]nof]yf]kf v] fpg] u/}f]M 5 × 5} ×

☞ 6]hlz6df 7ls tl/sfn]lr}x nufPsf]M 5 × 5} ×

☞ 3/x?df 7ls tl/sfn] ; s] agfPsf]M 5 × 5} ×

☞ vf]k 6f]hl ; u kof]kt Eof]S ; g tyf cf0 ; kofsM 5 × 5} ×

☞ vf]k 6f]hl ; u Eof]S ; gsf]VMM# / \$ cj :yfsf]Eof]S ; gM 5 × 5} × olb 5 eg]slt _____ -ef0} ; Wof_

☞ vf]k 6f]lnf0{cfj Zos k/}f]a]hdf Eof]S ; g tyf cf0 ; kofs kg]Mcf]klt{ug]Aoj :yf 5 × 5} ×

☞ vf]k 6f]ndf sfo{t :j o+;] snf0{cfk}nf]sfo{f]sf] ; dfgf / 3/e} ug}kg]3/ ; Wofsf]hfgsf/L 5 × 5} ×

☞ "X" ; s] ul/Psf 3/df kg]M3/e} ug}kb} e}g]hfgsf/L vf]k6f]hldf /x}f :j o+;] snf0{5 × 5} × 5 eg]Ito:tf 3/x?sf] ; Wof_____

☞ vf]k 6f]nsf :j o+;] snf0{cfk}nf] ; kl/j]fs sf]xf]e}g]hfgsf/L 5 × 5} ×

@_ vf]k 6f]nn]3/e} u/ ; s}f 3/x?df ; kl/j]fsn]qm; r} u/l eg{kg]lj j /ofM

uf=lj =; =:g=kf===== j f8{g+=====

ldlt	ufp÷6f]h	lelh6 u/}f]3/ ; Wof	k÷ldlt ePsf 3/ ; Wof	X÷ldlt ePsf 3/ ; Wof	k÷ldlt ePsf 3/x?df kf]nof] vfg 5b ePsf aRrf ; Wof	kf]nof] yf]kf lbPsf aRrf ; Wof	X Ir6x ePsf 3/x?df ; kl/j]fsn] kf]nof]yf]kf vj fPsf aRrf ; Wof

☞ c:yf0{3/, 6x/f, emk8l / snsf/vfgf lj Bfno / ; /sf/l sfo}osf cfj f; 3/x?df kl g vf]k 6f]nn]3/3} ug]u/}f]5 × 5} ×

☞ "X" ; s] u/f0Psf 3/x?df kgM3/e} u/l kf]nof]yf]kf vj fpg]u/}f] 5 × 5} ×

#_ ; kl/j]fsn]b]y}f÷cgèj u/}f dVo dVo ; d:ofM

=====

=====

\$_ vf]k 6f]nnf0{lb0Psf]dfu]zgt yf
; emfM=====

=====

c6o lgsfoaf6 ug{kg]; wf/x? s}l
ePdf=====

=====

%_ ; kl/j]f0f u/}f]vf]k 6f]nsf]af/}f ; kl/j]fssf]; dli6ut dNofsg

=====

^_ lhNnf :tl/o ; kl/j]fs n]:yf]go vf]k kl/j]fs nf0{lbPsf]; emfj

=====

; kl/j]fssf]gfdM===== ; xLM=====

bhfM===== ldtM=====

sfo}oM=====